



### LOCATION

- Fiji is an island country in the Southern Pacific Ocean
- It is part of Oceania
- Fiji consists of over 300 islands and 540 islets, or very small islands
- Most islands are uninhabited
- Its population is just under 930,000 people, named Fijians
- A large percentage of Fijians live on the islands of Vita Levu and Vanua Levu

# CUSTOMS

## & TRADITIONS

- Meke is the traditional song and dance of the Fijian people
- Dances range from graceful fan waving, to athletic, war like moves
- Religion is very important in Fiji. Most islanders practice Christianity, Hinduism or Sikhism
- Fiji celebrates their independence every year on September 7th
- Marriage in Fiji is very traditional and includes many christian values
- Footwear is removed before entering homes, and there is a complex system for polite gift giving





## LANGUAGE

- Fijian, Hindi and English are the official languages of Fiji
- Native Fijians speak Fijian and Indo-Fijians speak Hindi
- Most of Fiji's inhabitants communicate with English
- Children in Fiji are taught their native language when they are young, and then taught using English for the rest of their school lives



#### **VOWEL SOUNDS IN FIJI**

A as in bad

E as in day

I as in see

O as in go

U as in pool



# Fashion & Clothing



SULU

A casual, kilt like garment, worn by the men and women of Fiji



SARONG

A long tube or length of fabric, usually worn around the waist, typically by women



BEISTLE

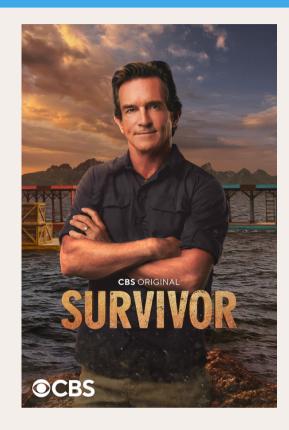
A long dress made of straw or grass, which is usually worn by traditional dancers



# CUISINE

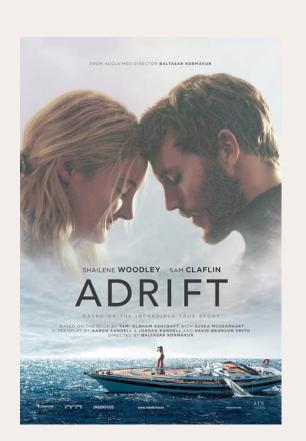
- Fijian feasts are cooked on a "lovo", an underground stove heated by hot rocks
- Foods like chicken, beef, fish and some vegetables are cooked on these makeshift grills
- A normal meal for the citizens of Fiji usually consists of rice, sweet potato, cassava, fish, coconut and taro
- Fiji has many rich and sweet tropical fruits like seagrapes, papaya, melons, pineapple and jackfruit
- Many restaurants in Fiji serve Kokoda, raw fish delicacy marinated in coconut cream, onions, tomato and lime
- During ceremonies, Fijians drink Kava, a drink made from ground yaqona root that is strained with water into a bowl
- About 40% of Fijians are of Indian descent, meaning that Indian food is all over the island and included in many staple dishes

## ENTERTAINMENT



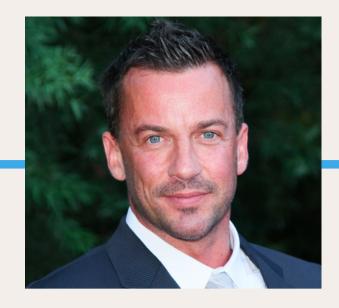
SHOWS
AND
MOVIES
FILMED
IN FIJI







FAMOUS FIJIANS

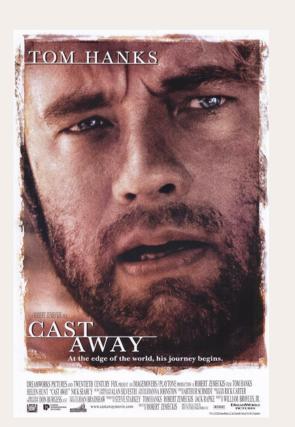


### JIMMY SNUKA

- James Reiher Snuka was a Fijian professional wrestler
- He was born in Suva, Fiji in 1943
- He wrestled for 46 years in WWE
- His ring name was "Superfly Snuka"

### CRAIG PARKER

- Craig Parker is a New Zealand actor
- He was born in Suva, Fiji in 1970, but moved to New Zealand shortly after
- He has had roles in many of the Lord of the Rings movies as well as Marvel, Agents of S.H.I.E.L.D.



## **PROS**

- Beautiful beaches, gardens and lagoons
- Amazing food
- Many great places to visit
- Quite affordable





## CONS

- Islanders may be rude to tourists
- Attractions may start late due to "Fiji Time"
- Reaching the best beaches often require a boat

# Reflection

I chose to use Fiji for my travel and tourism project because it is somewhere I think I may want to go to one day. The food, the islands and beaches all look so amazing and I think it would make a great vacation for anyone. I wanted to share the culture and lifestyle of the island, while learning as much as possible in the process. Thank you.

Travel Video

